

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2022

Summit Cove

11:00 Hallway Walking-HHA
6:00 Game Night-HHA

New Year's Day

2
11:00 Card Games-HHA
6:00 Hangman-HHA

3
Alex Off
11:00 Ball Toss-HHA
6:00 Would You Rather-HHA

4
8:00 Waffle Breakfast-CR
10:00 Treasure Island
Outing**
11:00 Chair Exercises-HHA
4:00 Manicures
6:30 Dog Visits

5
10:00 Hall Walking
11:00 Choir Practice CR
11:00 Chair Yoga-HHA
2:00 Eggnog Cookies CR
6:00 Trivia-HHA

6
10:00 Making Fresh Bread
11:00 Exercise Dice-HHA
1:00 Bingo
3:00 Drum Circle
4:00 Bread & Yahtzee
6:00 Board Games-HHA

7
10:00 Hall Walking
11:00 Clean out the Closet
Crafts CR
11:00 Morning Stretches-HHA
2:30 Chip Cart
6:00 Movie & Popcorn-HHA

8
11:00 Hallway Walking-HHA
6:00 Game Night-HHA

9
11:00 Card Games-HHA
6:00 Hangman-HHA

10
10:00 Manicures
11:00 Ball Toss-HHA
1:00 Bingo
3:00 Little Store & Visits
6:00 Would You Rather-HHA

11
10:00 Walmart Outing**
11:00 Chair Exercises-HHA
2:00 Bible Study CR
4:00 Happy Hour CR
6:30 Dog Visits

12
8:00 Hot Breakfast
10:00 Hall Walking
11:00 Choir Practice CR
11:00 Chair Yoga-HHA
2:00 Cranberry Bars CR
6:00 Trivia-HHA

13
10:00 Making Fresh Bread
11:00 Exercise Dice-HHA
1:00 Bingo
3:00 Music Jeopardy
4:00 Bread & Yahtzee
6:00 Board Games-HHA

14
10:00 Hall Walking
11:00 Bingo W/ Sanneh
foundation CR
11:00 Morning Stretches-HHA
2:30 Ice Cream Cart
6:00 Movie & Popcorn-HHA

15
11:00 Hallway Walking-HHA
6:00 Game Night-HHA

16
11:00 Card Games-HHA
6:00 Hangman-HHA

17
10:00 Lutheran Church CR
11:00 Ball Toss-HHA
1:00 Bingo
3:00 Little Store & Visits
6:00 Would You Rather-HHA

Martin Luther King Jr. Day

18
10:00 Manicures
11:00 Chair Exercises-HHA
1:30 Bingo Palace Outing**
6:30 Dog Visits

19
10:00 Hall Walking
11:00 Choir Practice CR
11:00 Chair Yoga-HHA
2:00 Apple Cake CR
4:00 Family/Resident Council
CR
6:00 Trivia-HHA

20
10:00 Making Fresh Bread
11:00 Exercise Dice-HHA
1:00 Bingo
3:00 Sing Along
4:00 Bread & Yahtzee
6:00 Board Games-HHA

21
10:00 Hall Walking
11:00 Making Sock Snowmen
CR
11:00 Morning Stretches-HHA
2:00 Birthday Party CR
6:00 Movie & Popcorn-HHA

22
11:00 Hallway Walking-HHA
6:00 Game Night-HHA

23
11:00 Card Games-HHA
6:00 Hangman-HHA

Activity Professionals Week

24
10:00 Manicures
11:00 Ball Toss-HHA
1:00 Bingo
3:00 Little Store & Visits
6:00 Would You Rather-HHA

25
11:00 Outing to Green Mill**
11:00 Chair Exercises-HHA
2:00 Bible Study CR
4:00 Happy Hour CR
6:30 Dog Visits

26
8:00 Hot Breakfast
10:00 Hall Walking
11:00 Resident Council CR
11:00 Chair Yoga-HHA
3:00 Dinner Party*
6:00 Trivia-HHA

Australia Day (observed)

27
10:00 Making Fresh Bread
11:00 Exercise Dice-HHA
1:00 Bingo
3:00 Rhythm Band
4:00 Bread & Yahtzee
6:00 Board Games-HHA

28
10:00 Hall Walking
11:00 Making Snow Globes
CR
11:00 Morning Stretches-HHA
2:30 Popcorn Cart
3:00 Catholic Church CR
6:00 Movie & Popcorn-HHA

29
11:00 Hallway Walking-HHA
6:00 Game Night-HHA

30
11:00 Card Games-HHA
6:00 Hangman-HHA

31
10:00 Manicures
11:00 Ball Toss-HHA
1:00 Bingo
3:00 Little Store & Visits
6:00 Would You Rather-HHA

-All Activities are subject to change
** Denotes sign up is needed for the activity
-Activities with HHA next them means that a HHA will be leading that activity
-CR means that the activity will be on the 1st floor
In the community room

Happy Birthday!

Sherry D. 1/1, Claudia G. 1/4, Shannon M. 1/4, Tony E. 1/13
Betsy B. 1/15, Eric D. 1/16, Linda B. 1/17, Greg P. 1/18
Willie L. 1/20, Gail B. 1/24, Juanita L. 1/24