

*A Lifetime of
Caring*

**January
2019**

**Staff
Directory**



Main Number
651-767-9572

Asia Glaze
Executive Director

Andrea Martinson
Director of Nursing

Ron Nelsen
Maintenance Director

Ashlie Knack
Life Enrichment Director

Ashley Brantner
Dietary Director



SUMMIT HILL
SENIOR LIVING

1824 Old Hudson Rd, St Paul, MN 55119

Summithillseniorliving.com

Glaze Gazette

*Strive for progress not
perfection*



Hello Summit Hill Residents!

Happy New Year everyone! It's been fun spending the holidays with you all!

I will be scheduling a meeting with each and every one of you soon, so expect to hear from me!

Don't forget to stop down in the nurses office and welcome aboard the new RN Abraham. We also have a new chef by the name of Ashley; stop down and introduce yourself!

We have made some changes in dietary as well. Some of you may have noticed that we are plating all appetizers before bringing out any entrées. Fill out your menus as normal; we want everyone to have the appetizers out before the main meal. Please bare with us during the transition. Practice makes perfect, so in due time, things will be done sufficiently.

As always, my door is open.

Chao!

**Best Wishes,
Asia Glaze**

Home for the Holidays

Another new year begins, and all around the world people will be popping champagne, singing “Auld Lang Syne,” and kissing loved ones at the stroke of midnight. But just why, exactly, do we repeat these New Year’s traditions year after year? Bubbly champagne is the drink of choice on New Year’s. Its invention is often credited to Dom Perignon, the Benedictine monk who oversaw the wine cellars of his abbey in the year 1697. While others saw bubbles as a problematic sign that wine had spoiled, Perignon perfected the production of this newly fermented drink known as champagne. From its beginnings in the abbey cellar, champagne was regularly used in religious celebrations such as consecrations and coronations. It then made the natural transition to secular celebrations, most notably at the soirees of the French aristocracy. As champagne became cheaper and more accessible, it became the classiest beverage to offer during holiday celebrations.



Scotland’s national poet Robert Burns penned the words to “Auld Lang Syne” in 1788 and sent them to the Scots Musical Museum, requesting that his lyrics be set to an old Scottish folk tune. The phrase *auld lang syne* translates to “for old times’ sake,” and, fittingly, the nostalgic song is about preserving friendships. The tune was often sung at funerals, farewells, and other group celebrations. It finally made it to America in 1929, when the Guy Lombardo Orchestra played it at a New Year’s celebration in New York’s Roosevelt Hotel.

No New Year’s party is complete without a kiss at the stroke of midnight. In ancient times, the winter darkness was the domain of evil spirits. At New Year’s masquerade balls, parties wore scary masks to embody these spirits. The masks were then torn off at midnight, and a kiss was shared by revelers as an act of purification to chase away malign spirits.

These are just a few of the centuries-old traditions that have made New Year’s a time of celebration, nostalgia, and hope.



Staff Appreciation

We recognized three employees last month for excellent service. Please congratulate Keily for Teammate of the month. We also awarded Maria M. & Tina P. with Say it Ain't So Joe! We encourage all residents to nominate an employee who goes above and beyond to assist you, or provides you with excellent service. Complete a nomination form and place it in the "Say it Ain't So" box, located in the lobby.



**Teammate of the Month:
Kelly O.**

Say It Ain't So Joe of the Month:

**Maria M.
&
Tina P.**

A Note From Nursing



I am excited to introduce myself. My name is Abraham Raymond Wolfe, I am a registered nurse and the new Nurse Manager. Prior to becoming Nurse Manager, I worked for Regions hospital for over 12 years. I started my healthcare career as a CNA/TMA in a long-term care and assisted living, got my LPN and then RN. I have a degree in Microcomputer Support Technology and an Associate Degree in nursing with several years of proven experience effectively and efficiently managing both patients and staff. I am currently pursuing a Bachelor of Science Degree in Nursing (BSN) at the Metropolitan State University in Saint Paul, Minnesota. I love making a difference in people's lives; especially the elderly. I love seafood, soccer and traveling. I have worked in assisted living, clinic setting, hospital, correctional facility, long-term care, and transitional care facilities. I believe a relationship with Summit Hill Senior Living would be mutually beneficial, as I am seeking a challenging work environment where I can utilize my skills to the fullest extent. I look forward to working with you all.



-Nurse Manager Abraham





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Hi There!

We have many new Residents in the building so please feel free to introduce yourself and welcome them home!

If you ever have any questions or concerns feel free to come talk to me. I am always open to new suggestions on activities as well!

-Ashlie

The Life Enrichment office number is:

651-767-9575

Date	Time	Event
1/1		Happy New Year!
1/4	3:00pm	Smoothie Social (CR)
1/6	11am-4	Necessity Shop (CR)
1/7	2:30pm	Food Committee (CR)
1/9	3:00pm	Return to the 60's Party (CR)
1/11 & 1/25	3:00pm	Happy Hour (CR)
1/16	1:15pm	Tenant Council (CR)
1/17	8:00am	Hot Breakfast (DR)
1/18	3:00pm	Ice Cream Sundae Bar (CR)
1/16	2:45pm	Taste Testers (CR)
1/23	9:15am	Music & Movement (CR)
1/24	9:15am	Catholic Mass (CR)
1/25	8:00am	Men's Club with Ron (CR)
1/30	1:15pm	Armchair Travelers (CR)
1/31	3:00pm	Monthly Birthday party w/ Live Entertainment
Every Sat.	1:00pm	Penny Pokeno (CR)
Every Sat.	2:30pm	Bingo with Dawn (CR)
		Outings Every Other Week

January Horoscopes

In astrology, those born between January 1-19 are Capricorn's Goats. Goats are focused on lofty goals; these hardworking and determined souls will prevail with grit and resilience. Those born between January 20-31 are Water Bearers of Aquarius. Water Bearers are deep-thinking intellectuals, unafraid of exploring outlandish ideas. Their strong sense of community makes them good friends and valuable team members.